World Communion Sunday
The first Sunday in October is designated as World Communion Sunday, which celebrates our oneness in Christ with all our brothers and sisters around the world. Paul tells us that we are to “discern the body” when we partake of Holy Communion, mindful that we note our relationship to all our brothers and sisters in Christ in the celebration.

A Presbyterian Gift
World Communion Sunday (originally called World Wide Communion Sunday) is a gift of the Presbyterian Church to the larger ecumenical church. The first celebration occurred at Shadyside Presbyterian Church in Pittsburgh, PA, in 1933 where Dr. Hugh Thompson Kerr served as pastor (Dalles, 2002).

Celebration of World Wide Communion Sunday was adopted as a denominational practice in the Presbyterian Church (US) in 1936. Churches in other denominations were invited to celebrate with us from the beginning, but it wasn’t until 1940 when the Department of Evangelism of the Federal Council of Churches (a predecessor body of the National Council of Churches) promoted extending the celebration to a number of churches around the world that the practice became widespread. Today, the celebration of World Communion Sunday invites us to focus on unity with God and one another.

Submitted by
Dr. Cynthia B. Ramsey, Ministry of Music

Fall Family Festival
The Outreach Committee has a lovely afternoon planned so please put this on your calendar:

Saturday, October 22, 2022—FALL FAMILY FESTIVAL—3 to 5 p.m. at RPC. All proceeds will benefit HOPE’S LEGACY EQUINE RESCUE.

There will be music in the pavilion by Jane Andrews and Marianne Lampert, the Hayes Branch Bluegrass Band, and the Little Birdies.

Trunk or treat for the children to be held in front of the church with other fun games.

Food and drinks provided by RPC Youth Group along with sale of baked goods.

Tell your family and friends to join us for a fun-filled afternoon!!

Submitted by
Sandy Gallagher, Outreach Committee

The 900+ holdings of the church library have recently been reorganized and catalogued. Please feel free to drop in and have a look. All the materials are available to borrow. A hardcopy listing of the materials and instructions for borrowing them are on the top of the half height bookcase in the library. You can also find the list in the “About” section of the RPC website. If you have questions contact Dave or Jeanne Lawson.
Happy Fall Ya’All!

First a big thank you to all who made the installation service so special. I mean- WOW!! What an honor to serve this church and answer this call. I am really having fun. Last month I spoke about how I am wondering when my house will become my home and I am happy to report that my children’s presence made all the difference. In fact, happy memories were made as Tayler and Alonzo let Lee and I know that in late February we will become first time grandparents. It does not feel “real” to me at all but I expect that Thanksgiving will herald the arrival of Tayler with a baby tummy and that will be something to behold.

In other news I hope everyone will find something to get involved in at our church- Sunday School, Wednesday nights, Thursday walks, Choir, Knitting, the Wood Ministry, the Garden, Children’s choir, Monthly Hikes, Pub Theology, a lunch to discuss the show Midnight Mass on October 16. In fact I hope folks jump around a bit so they don’t silo themselves and only get to know certain people. I can tell you that our church is FULL of amazing folks you will love to know. One event that will hopefully bring us ALL together is the Fall Festival on October 22 from 3-5. We are all hands on deck and everyone can be involved from bake sale, to manning a station in the kids area, to donating candy or decorating a car trunk, to attending and donating to Hope’s Legacy Equine Rescue! PLEASE spread the word! It will be an awesome afternoon! Happy Fall Indeed!

One last thing- we are looking for a person to hire for Sundays to care for the children during the 10 a.m. church service and Sunday School. We will pay $50 a Sunday. Do you know of someone over the age of 21 who loves children and who might love to make an extra $200 a month? Let me know~ I would love to talk with that person!

Blessings~ Pastor Inger
Kirk Nights have begun, with a terrific chili supper to kick off ‘The Chosen’ film series on September 7th, and the second episode of ‘The Chosen’ on the 14th - replete with almond cake made by Inger! These evenings have been wonderful opportunities for fellowship and meaningful discussion. Be sure to put Wednesday evenings at 6 p.m. on your calendar to watch a fascinating take on Jesus’ ministry and those who played a major role in his journey. If you haven’t yet participated, do come - you already know the story, and can join in at any point. We are doing easy potlucks now!

On September 11th, an especially large Adult Sunday School class welcomed Guest speaker, Elona Prroj, from Albania. Her moving story about persecution and hatred, and her mission for change, was a stirring introduction to the new series ‘Christianity and World Religions,’ an in-depth ten-week series to discover what we may learn about and from Hinduism and reincarnation, Buddhism and suffering, Judaism and Islam, and their commonalities with and differences from Christianity. Join us at 9 on Sunday mornings.

Respectfully submitted,
Susan Luscomb, Christian Education Chair

Goodness Grows

Since the season of fall has arrived, perhaps we should say that “Goodness Grew” on the hill. We are definitely in the clean up phase of the year. While we had great success with onions, tomatoes, cantaloupes and green beans, other vegetables were not so plentiful. Was it too hot, too dry, too wet? We’ll never know but it gives us every reason to look forward to another season next year.

The garden produced about six hundred pounds of produce and provided vegetables to a few neighbors and to our Rockfish family. Thanks to the generosity of this congregation, donations totaled $300 and with a donor match, we will be making a $600 donation to Heifer International. Blessings abound locally and globally.

We like to think that the Rockfish garden is the prettiest garden around. Marigolds and zinnias grew abundantly and the towering sunflowers were a beautiful sight. We hope you had a chance to walk up the hill to enjoy the view and spend a moment in peaceful reflection of God’s creation. The garden crew is delighted to make the donation to Heifer International, but our greatest joy is the company of friends working side by side to the glory of God. Come join us next year.

Submitted by
Deb Andrews
Youth News

The youth continue to fill food bags for the Children’s Food Pantry every month. We are still asking the congregation to help by donating boxes of Kraft macaroni for the food bags. There is a collection box in the church narthex.

Remember when - the congregation helped the youth design the outside of each bag packed for the Children's Food Pantry? Some of the artwork was quite impressive and each child received a beautiful picture or message with their healthy snacks. Roger Elliott's and Alice Murphy's bags are framed and on displayed in the office of the Nelson Food Pantry.

Don't forget the Hope’s Legacy Benefit on October 22 from 3-5. The youth will be selling baked goods and cards and helping with games.

Submitted by Dana Ogilvie

A note from Linda Williams

I’m helping with the Clothing (and more) Closet at the Nelson County Middle School. We get lots of some things, not much of others. Feminine products (age appropriate) are needed. Travel sizes toiletries are nice but these kids are taking basic toiletries home to share with their families. Family sizes would be appreciated. Storage space is at a premium (one side of a classroom) so that’s another consideration. If you’d like to donate, contact Linda at 804.731.2613

RPC will cosponsor with Rockfish Valley Community Center (RVCC) a speaker on October 27 at 11 a.m. at RVCC. Ms. Meena Abedi is an Afghan-American Psychologist born in Kabul Afghanistan, fled in 1992, and moved to San Francisco, California where she completed her studies. She lived and worked abroad, from Europe to East Asia to the Middle East where she has served as an Occupational Psychologist, Business and Behavioral Coach, and is currently providing emotional and mental health counseling since the fall of Kabul (8/2021). She has also been heavily involved with supporting Afghan refugees and their resettlement in the United States. That she also saw fit to be a foster mom to a toddler is one indicator that her heart rules all of her actions.

During her presentation, she will describe Afghanistan, their cultures, challenges that refugees face, and how we can best assist them in our local communities.

Submitted by Bill Iverson, Mission Committee Chair

The Mission committee is preparing for the Thanksgiving Baskets project in November. Volunteers to help purchase food are always welcome.

This year, the coordinators will be Sharon Gress and Barb Fenton.
Session Highlights 9/20/22

Moderator Rev. Inger Manchester called the Session Meeting to order at 7:00 P.M. and presented the Opening Prayer and Devotions. Joys and Concerns were shared. Prayers were Ann and Nan’s cousin Linda Ritter healing from ALS, Elizabeth Hopkins at home recovering, John Stuart undergoing cancer treatment, Mike Chambers’ parents transitioning to a facility in Fairfax, and Kate Humphrey Chambers’ cousin in the Mayo Clinic suffering with cysts on her organs.

Clerk’s Report:
- Approve amended minutes of Stated Meeting 8/16/22.
- Ratified email vote 8/26/22 authorizing a special offering to be collected 9/11/22 to be designated for the Pastoral Care Fund of the POJ.
- Ratified email votes 9/1/22 #1 Approval for a memorial service for a long-ago church member, Nancy King Robinson, who passed away in 2019. Rev. David Taylor will come back for it. The date will be November 5, 2022, at 3:00 p.m.; #2 has four parts, from Personnel: (i.) authorize a payment of up to $300 to David Oberg for legal services advising Session regarding current best practices for background checks; (ii.) Session plan to meet with Mr. Oberg as soon as it is reasonably possible; (iii.) appoint Ann Mische as liaison with applicable ministry teams for the purpose of monitoring compliance with the Protection Policy, including but not limited to background check procedures and compliance; (iv.) Authorize Ann Mische to review and make suggested revisions to the Protection Policy, for review by legal counsel, the cost of which review will be subject to approval by Session.
- Approved making the ‘experiment’ of having 2 services be permanent.
- Elected Sally Bryant and Sandy Gallagher as Commissioners to the 10/15/22 Presbytery of the James Stated Meeting.

Pastor’s Report: Rev. Inger Manchester reported that she’s made many visits to congregation members, which have been well-received. She is asking ruling elders to accompany her to take communion to folks who are homebound, etc.

Stewardship/Finance: Elder Mac Lumpkin presented a positive Stewardship Committee Report. Stewardship approved using $500 of current 2022 budget for guest musicians. He also reported that Sue Nichols will accept electronic sign offs in the form of pdfs or electronic copies of the reimbursement form. The pledge drive for support of the 2023 budget will begin in October. The church is in the process of finalizing alternative ways of contributing money, especially during worship services, details forthcoming.

New Business:
- Notice will be made to welcome new members to serve on the Personnel Ministry Team. Many thanks to Elder Lee Goodrich and his outstanding work chairing Personnel for the past 2 years.
- A question was raised regarding having the choir sit in the loft. A discussion ensued. Bottom line (and a great problem to have) is the loft is too small to seat everyone.

Ministry Team Reports:
- Elder Susan Luscomb (Christian Ministry Team) reported that CE programs are well underway and Children’s Time on Sunday mornings is in somewhat of a holding pattern, pending hiring someone and the appropriate vetting of both that individual and the volunteer assistants. Children’s Time, once it begins, will be supervised playtime until such time as it is determined a Sunday School class curriculum is needed. Team member Marilyn Pace is continuing to work with Inger on developing the various children’s opportunities. Marilyn and I will be meeting within the next few weeks to discuss their thoughts and recommendations for a Sunday School program, which will then be presented at our October ministry team meeting. Adult Sunday School is strong and well-attended, and is beginning a ten-week series on ‘Christianity and World Religions.’ Kirk Night’s ‘The Chosen’ film series has begun, kicking off with a chili supper and with great fellowship and discussions, and last week with homemade almond cakes, thanks to Inger!
- Elder Bill Iverson (Mission Ministry Team) reported co-sponsoring ($600) Ms. Meena Abedi, an Afghan immigrant to speak at RVCC on “Cultural Competency and Cultural Humility – serving the diversity,” with the objective to raise awareness in the community on how to welcome and help refugees. Should RVCC agree to co-sponsor her, they will provide venue, logistics, and advertising.
- Elder Kate Humphrey Chambers (Worship Ministry Team) announced Carolyn Frahm and Bill Howard have joined the ministry team and that Mike Chambers has moved to co-chair the cemetery committee. In an effort to retain RPC’s family feel, WMT asks that elders please attend from time to time the other worship service. WMT also is looking for more folks to usher and folks to count attendance at the early service. A limited range FM broadcast capability is being purchased for use at the early service to enable folks to remain in their cars once the weather gets cold and still be able to hear Inger. Kate has drafted a Planning Sheet for RPC Memorials and Funerals to be used to organize the many aspects of these important services. Thank you, Kate!
- Elder Sandy Gallagher (Outreach Ministry Team) announced a Fall Family Festival to be held on 10/22/22 from 3:00 -5:00 (no rain date) complete with music by Jane Andrews and Marianne Lampert with the Hayes Branch Bluegrass Band. RPC’s Youth will oversee the table of baked goods (made by the congregation, please sign up) for sale and apple cider, lemonade, and iced tea. Parking attendants will be needed. At 4:00 a “Trunk or Treat” will occur in the front parking lot, please sign up to decorate the trunk of your car and provide treats for the children from your car. There also will be organized games for the children, such as ‘donuts on a string’, 3-legged races, etc.

Ratified email votes 9/1/22 #1 Approval for a memorial service for a long-ago church member, Nancy King Robinson, who passed away in 2019. Rev. David Taylor will come back for it. The date will be November 5, 2022, at 3:00 p.m.; #2 has four parts, from Personnel: (i.) authorize a payment of up to $300 to David Oberg for legal services advising Session regarding current best practices for background checks; (ii.) Session plan to meet with Mr. Oberg as soon as it is reasonably possible; (iii.) appoint Ann Mische as liaison with applicable ministry teams for the purpose of monitoring compliance with the Protection Policy, including but not limited to background check procedures and compliance; (iv.) Authorize Ann Mische to review and make suggested revisions to the Protection Policy, for review by legal counsel, the cost of which review will be subject to approval by Session.

Notice will be made to welcome new members to serve on the Personnel Ministry Team. Many thanks to Elder Lee Goodrich and his outstanding work chairing Personnel for the past 2 years.

A question was raised regarding having the choir sit in the loft. A discussion ensued. Bottom line (and a great problem to have) is the loft is too small to seat everyone.

Ministry Team Reports:
- Elder Susan Luscomb (Christian Ministry Team) reported that CE programs are well underway and Children’s Time on Sunday mornings is in somewhat of a holding pattern, pending hiring someone and the appropriate vetting of both that individual and the volunteer assistants. Children’s Time, once it begins, will be supervised playtime until such time as it is determined a Sunday School class curriculum is needed. Team member Marilyn Pace is continuing to work with Inger on developing the various children’s opportunities. Marilyn and I will be meeting within the next few weeks to discuss their thoughts and recommendations for a Sunday School program, which will then be presented at our October ministry team meeting. Adult Sunday School is strong and well-attended, and is beginning a ten-week series on ‘Christianity and World Religions.’ Kirk Night’s ‘The Chosen’ film series has begun, kicking off with a chili supper and with great fellowship and discussions, and last week with homemade almond cakes, thanks to Inger!
- Elder Bill Iverson (Mission Ministry Team) reported co-sponsoring ($600) Ms. Meena Abedi, an Afghan immigrant to speak at RVCC on “Cultural Competency and Cultural Humility – serving the diversity,” with the objective to raise awareness in the community on how to welcome and help refugees. Should RVCC agree to co-sponsor her, they will provide venue, logistics, and advertising.
- Elder Kate Humphrey Chambers (Worship Ministry Team) announced Carolyn Frahm and Bill Howard have joined the ministry team and that Mike Chambers has moved to co-chair the cemetery committee. In an effort to retain RPC’s family feel, WMT asks that elders please attend from time to time the other worship service. WMT also is looking for more folks to usher and folks to count attendance at the early service. A limited range FM broadcast capability is being purchased for use at the early service to enable folks to remain in their cars once the weather gets cold and still be able to hear Inger. Kate has drafted a Planning Sheet for RPC Memorials and Funerals to be used to organize the many aspects of these important services. Thank you, Kate!
- Elder Sandy Gallagher (Outreach Ministry Team) announced a Fall Family Festival to be held on 10/22/22 from 3:00 -5:00 (no rain date) complete with music by Jane Andrews and Marianne Lampert with the Hayes Branch Bluegrass Band. RPC’s Youth will oversee the table of baked goods (made by the congregation, please sign up) for sale and apple cider, lemonade, and iced tea. Parking attendants will be needed. At 4:00 a “Trunk or Treat” will occur in the front parking lot, please sign up to decorate the trunk of your car and provide treats for the children from your car. There also will be organized games for the children, such as ‘donuts on a string’, 3-legged races, etc.
### Session Meeting Minutes (Cont’d)

**Celebration and Gratitude:**

We give thanks for:
- All the work that everyone is doing.
- The possibility of a new childcare provider.
- The amazing enthusiasm from both Inger and Cynthia.

Rev. Inger Manchester closed the meeting in prayer at 7:55 PM.

Next Stated Session Meeting: Tuesday, 10/18/22 at 7 P.M., location Fellowship Hall.

**Devotional and Opening Prayer:** Elder Mike Smythers

Respectfully submitted,

*Sue Fulton, Clerk*

---

**October 2022**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td><strong>2</strong></td>
<td><strong>WORLD COMMUNION SUNDAY</strong></td>
<td><strong>3</strong></td>
<td><strong>4</strong></td>
<td><strong>5</strong></td>
<td><strong>6</strong></td>
<td><strong>7</strong></td>
</tr>
<tr>
<td>8:00 a.m. Worship Service</td>
<td>4:00 Mission Team Meeting</td>
<td>10:00 Knitting and Nurture</td>
<td>10:00 Walking Fun Noon-Men’s Group Lunch</td>
<td>10:00 Walking Fun Noon-Men’s Group Lunch</td>
<td>Noon-Men’s Group Lunch</td>
<td>10:00 Walking Fun Noon-Men’s Group Lunch</td>
</tr>
<tr>
<td>9:00 a.m. Adult Sunday School</td>
<td>6:00 Kirk Night</td>
<td>5:30 Children’s Community Choir</td>
<td>6:45 Choir Rehearsal</td>
<td>5:30 Children’s Community Choir</td>
<td>6:45 Choir Rehearsal</td>
<td>6:45 Choir Rehearsal</td>
</tr>
<tr>
<td><strong>8:00 a.m. Worship Service</strong></td>
<td><strong>9:00 a.m. Adult Sunday School</strong></td>
<td><strong>10:00 a.m. Worship Service</strong></td>
<td><strong>6:00 Kirk Night</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Five Cents a Meal Offering</strong></td>
<td><strong>11:00 Soup Lunch to Discuss Midnight Mass</strong></td>
<td><strong>12</strong></td>
<td><strong>13</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>10:00 a.m. Worship Service</strong></td>
<td><strong>11:00 Soup Lunch to Discuss Midnight Mass</strong></td>
<td><strong>Kirk Night</strong></td>
<td><strong>Kirk Night</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>5:00 Pub Theology at Brewing Tree</strong></td>
<td><strong>7:00 Session Meeting</strong></td>
<td><strong>10:00 Knitting and Nurture</strong></td>
<td><strong>10:00 Worship Committee</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>10:00 Knitting and Nurture</strong></td>
<td><strong>7:30 Christian Education Meeting</strong></td>
<td><strong>6:00 Kirk Night</strong></td>
<td><strong>5:00 Pub Theology at Brewing Tree</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>6:00 Kirk Night</strong></td>
<td><strong>11:00 Soup Lunch to Discuss Midnight Mass</strong></td>
<td><strong>Kirk Night</strong></td>
<td><strong>Kirk Night</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>10:00 Walking Fun Noon-Men’s Group Lunch</strong></td>
<td><strong>5:30 Children’s Community Choir</strong></td>
<td><strong>Bringing The Word Articles Due</strong></td>
<td><strong>6:45 Choir Rehearsal</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>10:00 Walking Fun Noon-Men’s Group Lunch</strong></td>
<td><strong>5:30 Children’s Community Choir</strong></td>
<td><strong>Bringing The Word Articles Due</strong></td>
<td><strong>6:45 Choir Rehearsal</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>17</strong></td>
<td><strong>18</strong></td>
<td><strong>19</strong></td>
<td><strong>20</strong></td>
<td><strong>21</strong></td>
<td><strong>22</strong></td>
<td></td>
</tr>
<tr>
<td><strong>23</strong></td>
<td><strong>24</strong></td>
<td><strong>25</strong></td>
<td><strong>26</strong></td>
<td><strong>27</strong></td>
<td><strong>28</strong></td>
<td></td>
</tr>
<tr>
<td><strong>23</strong></td>
<td><strong>24</strong></td>
<td><strong>25</strong></td>
<td><strong>26</strong></td>
<td><strong>27</strong></td>
<td><strong>28</strong></td>
<td></td>
</tr>
<tr>
<td><strong>8:00 a.m. Worship Service</strong></td>
<td><strong>9:00 a.m. Adult Sunday School</strong></td>
<td><strong>10:00 a.m. Worship Service</strong></td>
<td><strong>10:00 Knitting and Nurture</strong></td>
<td><strong>10:00 Walking Fun Noon-Men’s Group Lunch</strong></td>
<td><strong>Pantry Bag Packing</strong></td>
<td></td>
</tr>
<tr>
<td><strong>9:00 a.m. Adult Sunday School</strong></td>
<td><strong>10:00 a.m. Worship Service</strong></td>
<td><strong>10:00 Knitting and Nurture</strong></td>
<td><strong>10:00 Walking Fun Noon-Men’s Group Lunch</strong></td>
<td><strong>5:30 Children’s Community Choir</strong></td>
<td><strong>Pantry Bag Packing</strong></td>
<td></td>
</tr>
<tr>
<td><strong>9:30 a.m. Pack Pantry Bags for Kids</strong></td>
<td><strong>11-1 Soup and Song</strong></td>
<td><strong>6:00 Kirk Night</strong></td>
<td><strong>11:00 Hear about Afghan Life Presented at RVCC Noon-Men’s Group Lunch</strong></td>
<td><strong>6:45 Choir Rehearsal</strong></td>
<td><strong>9:00 a.m. Distribution at Food Pantry</strong></td>
<td></td>
</tr>
</tbody>
</table>

---

**Rockfish Presbyterian Church in Nellysford VA is the name for the new Facebook page. Here’s the link.**

You can also click on the RPC website home page [https://rockfishpresbyterian.org/](https://rockfishpresbyterian.org/) to access the Facebook page by clicking on the Facebook icon.